

Aetna Advantage Plans for Individuals, Families and the Self-Employed

North Carolina

**A Guide to
Understanding
Your Choices and
Selecting a Quality
Health Insurance Plan**

We want you to know[®]



Aetna makes it easy for you to choose a health insurance plan

In some states, the self-employed can purchase a guaranteed issue group health insurance plan under small group reform.



They say that nothing is more important than your health.

They're right. And that's what makes health insurance such an essential part of your life — even if you're not on an employer's group insurance plan. In fact, especially if you're not on a group plan, you need to take charge of your health...and your health insurance needs.

At Aetna, we're here to help. Perhaps you've just left a group plan. Or you're looking for an option other than COBRA.

You may want to switch from your current individual health insurance. Or you're not currently insured. Maybe you've just received another big rate increase and you're looking for something more affordable. Whatever your situation, you should know that Aetna offers a variety of quality health insurance plans for individuals and their families in North Carolina.

Have questions?

Just call 1-800-694-3258, or email us at AetnaAdvantagePlans@aetna.com.

Want a quote now?

Visit www.aetnaindividual.com or call 1-800-MY-Health (1-800-694-3258).

We're here to help!

So, are you a new graduate or a newlywed? Self-employed or between jobs? An empty nester or early retiree? Wherever you are in life, we make it easy for you to understand your choices and select a quality health plan. We'll guide you through the process and help you choose the right health insurance for your personal needs.

Why Aetna?

When you choose Aetna as your health insurance provider, you're gaining a lot of advantages. Among them:

Easy to understand.

Yes, insurance can be simple. We provide you with straightforward language and easy-to-understand benefits.

Easy to choose.

We'll guide you and help you select from plans designed to fit your personal situation. Aetna's participating provider network offers you a wide selection of physicians and hospitals.

Easy to afford.

Because we offer a variety of premium payment options, you choose how much to spend: in premiums versus out-of-pocket expenses.

Easy to manage.

Thanks to easy-to-use Web-based tools, you can get valuable health and benefits-related information, quickly locate Aetna network physicians in your area, and manage your account — right online!



Visit
www.aetnaindividual.com
or call 1-800-MY-Health
(1-800-694-3258).

How to use this booklet

When we say we're going to make health insurance easy for you, we mean it. This booklet will walk you through the information you need to make a smart decision. Here are the steps you might want to take:

- 1) Read about Aetna's health insurance plans for individuals, starting on page 3.
- 2) What's going on in your life right now? The answer can help you choose a plan, starting on page 4. (If you just want to cut to the chase, the at-a-glance plan comparison chart on page 10 can help you quickly determine your health insurance priorities.)
- 3) Review each plan's specific features, and determine which ones are most important to you, starting on page 11.
- 4) Follow the enrollment instructions on this page, then complete and mail the enclosed application form, or apply online at www.aetnaindividual.com

It's easy to apply by mail or online!

We make it easy for you to apply for one of our Aetna Advantage Plans for Individuals.

■ **Complete and mail enclosed application form, with (1) form of payment selected in the envelope provided.**

■ **Email us at AetnaAdvantagePlans@Aetna.com** if you have questions, would like to discuss your own unique situation, or want a rate quote.

■ **Get a quote and apply online, if you wish, by visiting www.aetnaindividual.com**

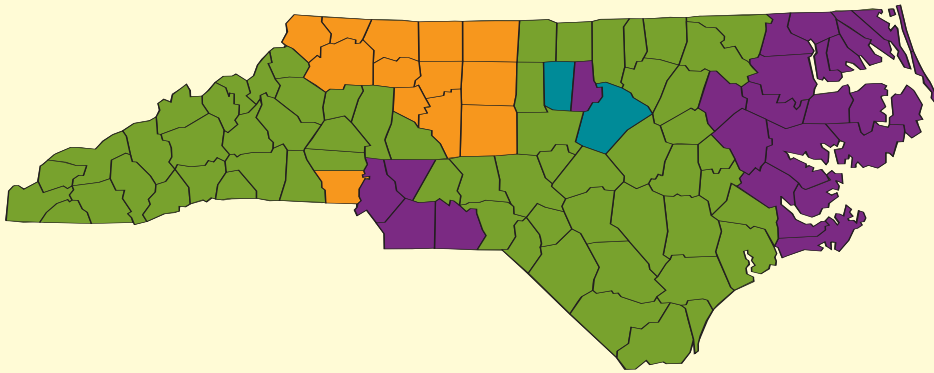
Then:

- 1) Choose your state.
- 2) Use the helpful information and tools to choose the best plan for you.
- 3) Click "Get A Quote."
- 4) Apply online and submit an electronic form of payment. (Or mail the enclosed application form with one (1) form of payment selected.)
- 5) Track the status of your application form by clicking the site's Apps tab.

Aetna's North Carolina Service Areas*

Is your doctor in the network?

Which local physicians, hospitals, pharmacies and eyewear providers participate in the Aetna Advantage Plan network? Use Aetna's online DocFind® tool at www.aetna.com/docfind/custom/advplans. If you don't have Internet access, just call 1-800-MY-Health (1-800-694-3258) and ask for a directory of providers.



AREA 1

| | | |
|----------|-----------|-------------|
| Anson | Currituck | Mecklenburg |
| Beaufort | Dare | Pamlico |
| Bertie | Durham | Pasquotank |
| Cabarrus | Edgecombe | Perquimans |
| Camden | Gates | Pitt |
| Carteret | Hertford | Tyrrell |
| Chowan | Hyde | Union |
| Craven | Martin | Washington |

AREA 2

| | | |
|-----------|------------|--------|
| Alleghany | Gaston | Surry |
| Ashe | Guilford | Wilkes |
| Davidson | Randolph | Yadkin |
| Davie | Rockingham | |
| Forsyth | Stokes | |

AREA 3

| | |
|--------|------|
| Orange | Wake |
|--------|------|

AREA 4

| | | |
|------------|-------------|--------------|
| Alamance | Harnett | Person |
| Alexander | Haywood | Polk |
| Avery | Henderson | Richmond |
| Bladen | Hoke | Robeson |
| Brunswick | Iredell | Rowan |
| Buncombe | Jackson | Rutherford |
| Burke | Johnston | Sampson |
| Caldwell | Jones | Scotland |
| Caswell | Lee | Stanly |
| Catawba | Lenoir | Swain |
| Chatham | Lincoln | Transylvania |
| Cherokee | Macon | Vance |
| Clay | Madison | Warren |
| Cleveland | Mcdowell | Watauga |
| Columbus | Mitchell | Wayne |
| Cumberland | Montgomery | Wilson |
| Duplin | Moore | Yancey |
| Franklin | Nash | |
| Graham | New Hanover | |
| Granville | Northampton | |
| Greene | Onslow | |
| Halifax | Pender | |

*Networks may not be available in all zip codes and are subject to change.

Choose the Aetna Advantage plan that best fits your needs

We offer a variety of Aetna Advantage health coverage plans in North Carolina. Your Aetna Advantage plan choices are:

North Carolina Managed Choice Open Access Plans

With the North Carolina Managed Choice health insurance plans, you can visit any doctor or hospital you choose. (Your out-of-pocket costs will be lower if you select a provider from Aetna's wide network of participating physicians and hospitals.) In addition, there are no claim forms to fill out when you visit a network provider, and no referrals are required to see a specialist.

North Carolina Managed Choice Value

In addition to the plan features described above, the North Carolina Managed Choice Value insurance plan offers you one more: lower premiums. (That's the "Value" part.) In exchange for lower premiums, your co-insurance responsibility will increase slightly.

Preventative and Hospital Care Plans

The Preventative and Hospital Care Plans are ideal for individuals that are primarily looking for affordability when selecting a coverage option. This plan provides inpatient hospital coverage coupled with limited benefits for outpatient surgery, skilled nursing or home health care charges in lieu of hospitalization. In addition, these plans provide coverage for preventative care including annual GYN exam, well child care and physical exam every 24 months. The deductible on the Preventative and Hospital Care Plan applies to most covered expenses. NOTE: This plan provides

limited benefits only and does not constitute a comprehensive health insurance plan. As such, it may not cover all the expenses associated with your health care needs.

High Deductible MC Plans

With the North Carolina Managed Choice OA High Deductible health insurance plans, you'll pay lower premiums in exchange for higher annual deductibles — at least \$3,000 for individuals and \$6,000 for families. A key advantage of this plan is that it can be paired with a Health Savings Account (HSA), a special account that lets you pay for qualified medical expenses with tax-advantaged funds.

What does "tax-advantaged" mean? It means you or an eligible family member can make contributions to your HSA tax-free. Those dollars earn interest tax-free. And when you make withdrawals to pay for qualified health care expenses, they're tax-free, too.

An HSA has other advantages as well. Among them:

- You own your HSA, so even if you change jobs or health insurance plans, the money in your account is yours to keep.
- Any money remaining in your HSA at the end of the year rolls over to the next year. You don't lose it.
- You can withdraw money directly from your HSA to cover qualified expenses. Account holders have convenient access to HSA funds with an Aetna Visa Debit Card or checkbook. Or, you can allow the account to grow over time and use it to help pay for future health-related expenses — like long-term care insurance premiums, COBRA premiums and certain retiree expenses.

How do I establish a Health Savings Account?

For Health Savings Account Enrollment materials, after enrolling in an Aetna HSA-compatible High Deductible Health Plan, please call 1-800-MY-Health (1-800-694-3258) or visit Aetna's website at www.aetnaindividualhsa.com to view and download the materials.

First Dollar Managed Choice Open Access Plans

The First Dollar Managed Choice plans give you freedom from deductibles. Choose any participating provider or hospital from Aetna's wide network and pay only a nominal co-pay for sick and well provider visits and **no deductible** for medical services. Benefits are covered at 100 percent when you reach the co-insurance maximum for sick and preventive care. A pharmacy deductible will apply.

Child Only Coverage

All of the Advantage plans in North Carolina are available for Child only. That is, you may choose to enroll your child even if no other family member enrolls. Coverage includes immunizations, well child visits, emergency room and dental preventive services (if dental is selected).

Note that if one of the HSA plans is selected for Child only enrollment, an HSA account is not available for the child.

Dental PPO Max Plan

With the Aetna Advantage Dental PPO Max insurance plan, you can obtain services from either a participating or non-participating dentist. Participating dentists have agreed to provide services at a negotiated rate for both covered services, **as well as non-covered services such as cosmetic tooth whitening and orthodontic care**, so you generally pay less out-of-pocket. You also have the flexibility to visit a dentist who does not participate in Aetna's network, though you will not benefit from negotiated fees.

Visit www.aetnaindividual.com or call 1-800-MY-Health (1-800-694-3258).

So, what's going on in **your** life?

Life changes. Very quickly. And as it does, so do your priorities. What was all fine and good yesterday may not be appropriate today.

The circumstances of your life can determine the type of health coverage you need. That's why Aetna Advantage Plans for Individuals have been designed to fit people in specific places in life.

So, do any of these descriptions sound like you?



Visit
www.aetnaindividual.com
or call 1-800-MY-Health
(1-800-694-3258).

New Graduate?

First, congratulations! Ready to conquer the world? Thinking big thoughts? Well, one of those thoughts should be about health coverage. Since you're probably on a budget, you might want to look for an affordable policy with low monthly payments and modest out-of-pocket costs. Let us be your guide.



Here are some options that may be right for you.

If you use only basic health care services and want to keep your monthly payments low, consider:

Managed Choice Open Access 5000
Preventative and Hospital Care 1250

If you visit the doctor often and don't want to pay a lot for these visits, consider:

First Dollar Managed Choice 35
Managed Choice Open Access 1500

If you want a balanced mix of low cost and high coverage levels, consider:

Managed Choice Open Access Value 2500
Managed Choice Open Access 2500



Raising A Family?

Children tend to visit the doctor more than adults do. So you may be looking for health coverage with low fees for office visits, low monthly payments, and caps on your out-of-pocket expenses. And of course, you can benefit from quality preventive care for your entire family.

All of the Advantage plans in North Carolina are available for Child only. That is, you may choose to enroll your child even if no other family member enrolls. Coverage includes immunizations, well child visits, emergency room and dental preventive services (if dental is selected).

Note that if one of the HSA plans is selected for Child only enrollment, an HSA account is not available for the child.

Getting Married?

If you're reconsidering your health coverage needs, you're not alone. Most newlyweds are doing the same thing. Since you're probably on a pretty tight budget, you may want an affordable plan with low monthly payments — but also one that provides for quality preventive care, prescription drug coverage, and financial protection to help safeguard your assets.

Here are some options that may be right for you.

If you use only basic health care services and want to keep your monthly payments low...

Managed Choice Open Access 5000

Preventative and Hospital 1250

If you're looking to balance low cost and quality coverage, consider:

Managed Choice Open Access 2500

Managed Choice Open Access Value 2500

If robust coverage is more important to you than the lowest possible cost, consider:

First Dollar Managed Choice 35

Managed Choice Open Access 1500



Here are some plans that may suit you.

If you use only basic health care services and want to keep your monthly payments low...

Managed Choice Open Access 5000

Preventative and Hospital 1250

If you don't want to pay a lot for frequent doctor visits for you and the kids, consider:

Managed Choice Open Access 1500

If robust coverage is more important to you than the lowest possible cost, consider:

First Dollar Managed Choice 35

Managed Choice Open Access 1500



Between Jobs?

While you're lining up your next career move, you may want more affordable health coverage with low monthly costs — but also that covers you for hospital stays and emergencies. There may be better alternatives than COBRA, and we're here to help guide you through them.

Here are options that may be right for you.

If you use only basic health care services and want to keep your monthly payments low...

Managed Choice Open Access 5000

Preventative and Hospital Care 1250

If you're seeking a balance of low cost and quality coverage, consider:

Managed Choice Open Access 2500

Managed Choice Open Access Value 2500

Self-Employed?

If you're on your own, you've probably discovered by now that health coverage isn't cheap.

But you know it's necessary to protect yourself and your business. Since you're footing the bill, affordability is likely a priority. We offer plans that provide quality hospitalization and preventive care coverage, with monthly payments that won't consume your profits.

Here are some options you may want to consider.

If you use only basic health care services and want to keep your monthly payments low, consider:

Managed Choice Open Access 5000

Preventative and Hospital 1250

+ For information on HSAs, please refer to page 3.

If you want to cap the amount you'll spend on total medical expenses each year, consider:

Managed Choice Open Access 1500

First Dollar Managed Choice 35

If robust coverage is more important to you than the lowest possible cost, consider:

Managed Choice Open Access 1500

First Dollar Managed Choice 35

If you want a plan that works with an HSA, consider*:

Managed Choice OA High Deductible 3000 (HSA Compatible)

Managed Choice OA High Deductible 5000 (HSA-Compatible)



Early Retiree?

Congratulations! It may be time for travel, leisure, maybe even starting a business. You may need guidance and affordable health coverage for you and your spouse, focusing on both your health needs and your financial security. Looking for coverage for preventive care, hospital inpatient/outpatient services and emergency care?

Here are options that may suit you.

If you use only basic health care services and want to keep your monthly payments low, consider:

Managed Choice Open Access 5000

Preventative and Hospital 1250



Empty Nester?

When the kids leave home, you have endless adventures before you. What are your plans? Travel? Leisure? Reassessing your health coverage needs? We can help with the latter. You may be looking for a policy that combines financial security with quality coverage, such as preventive care coverage, hospital inpatient/outpatient service and emergency care, from a plan that will follow you in your travels.

Here are options you may want to consider.

If you use only basic health care services and want to keep your monthly payments low...

Managed Choice Open Access 1500

If you want to cap the amount you'll spend on total medical expenses each year, consider:

Managed Choice Open Access 1500

First Dollar Managed Choice 35

If robust coverage is more important to you than the lowest possible cost, consider:

First Dollar Managed Choice 35

Managed Choice Open Access 1500

If you want a plan that works with an HSA, consider*:

Managed Choice OA High Deductible 3000 (HSA Compatible)

Managed Choice OA High Deductible 5000 (HSA-Compatible)

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First Dollar Managed Choice 35

If robust coverage is more important to you than the lowest possible cost, consider:

Managed Choice Open Access 1500

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If you want a plan that works with an HSA, consider*:

Managed Choice OA High Deductible 3000 (HSA Compatible)

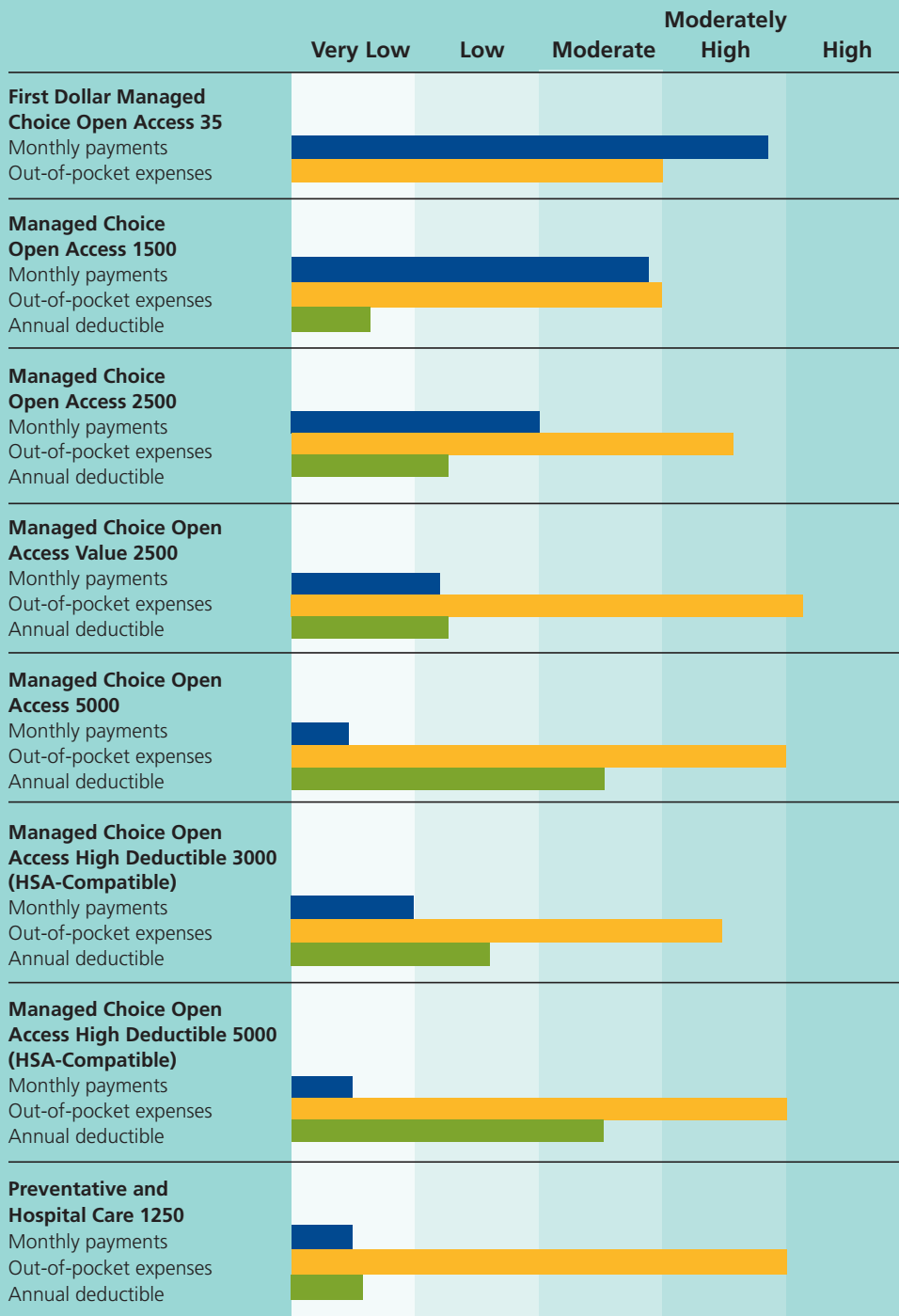
Managed Choice OA High Deductible 5000 (HSA-Compatible)



An at-a-glance comparison of Aetna's plans

Which one of our plans is right for you? A lot depends on your priorities. Do you want to keep your payments, or "premiums," as low as possible? Or are you willing to pay a little more each month to help minimize your out-of-pocket costs for services?

FEATURES/BENEFITS COMPARISON*



This chart gives you a quick, at-a-glance look at all of Aetna's Advantage Plans for individuals in North Carolina. It will help you determine your priorities and compare three key features across all the plans:

- Your payments, or premiums
- What you can expect to pay out of your pocket for services and treatment (as opposed to what the plan pays for)
- Your annual deductible — that is, how much you'll pay out of pocket before the plan begins covering your expenses

Visit

www.aetnaindividual.com
or call 1-800-MY-Health
(1-800-694-3258).

*Feature/Benefits Comparison is based on analysis of Aetna Advantage Plans with 5/15/07 effective dates. For more information on benefit levels, please refer to the benefit pages and/or the plan design documents.

NORTH CAROLINA AETNA ADVANTAGE PLAN OPTIONS

| | Managed Choice Open Access 1500 | | Managed Choice Open Access 2500 | | Managed Choice Open Access 5000 | |
|---|--|---|--|---|--|---|
| MEMBER BENEFITS | In-Network | Out-of-Network* | In-Network | Out-of-Network* | In-Network | Out-of-Network* |
| Deductible Individual Family | \$1,500 \$3,000 | \$3,000 \$6,000 | \$2,500 \$5,000 | \$5,000 \$10,000 | \$5,000 \$10,000 | \$10,000 \$20,000 |
| Coinsurance (Member's Responsibility) | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Co-insurance Maximum Individual Family | \$1,500 \$3,000 | \$1,500 \$3,000 | \$2,500 \$5,000 | \$2,500 \$5,000 | \$2,500 \$5,000 | \$2,500 \$5,000 |
| Out-of-Pocket Maximum Individual Family (deductible included) | \$3,000 \$6,000 | \$4,500 \$9,000 | \$5,000 \$10,000 | \$7,500 \$15,000 | \$7,500 \$15,000 | \$12,500 \$25,000 |
| Lifetime Maximum* | \$5,000,000 | | \$5,000,000 | | \$5,000,000 | |
| Non-specialist Office Visit (General Physician, Family Practitioner, Pediatrician or Internist) | \$25 copay not subject to deductible | 50% after deductible | \$30 copay not subject to deductible | 50% after deductible | \$40 copay not subject to deductible | 50% after deductible |
| Specialist Visit | \$35 copay not subject to deductible | 50% after deductible | \$40 copay not subject to deductible | 50% after deductible | \$50 copay not subject to deductible | 50% after deductible |
| Hospital Admission | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Outpatient Surgery | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Emergency Room (after deductible) | \$100 copay** (waived if admitted) and 20% co-insurance | | \$100 copay** (waived if admitted) and 20% co-insurance | | \$100 copay** (waived if admitted) and 20% co-insurance | |
| Annual Routine Gyn Exam (Annual Pap/Mammogram) | No copay not subject to deductible | 50% after deductible | No copay not subject to deductible | 50% after deductible | No copay not subject to deductible | 50% after deductible |
| Maternity | Not covered | Not covered | Not covered | Not covered | Not covered | Not covered |
| Preventive Health (\$200 per exam) | \$25 copay not subject to deductible | 50% after deductible | \$30 copay not subject to deductible | 50% after deductible | \$40 copay not subject to deductible | 50% after deductible |
| Lab/X-Ray | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Skilled Nursing (In lieu of Hospital) (30 days per calendar year*) | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Physical/Occupational/Speech Therapy and Chiropractic Care (\$25 Max – 24 visits per calendar year*) | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Home Health Care (In lieu of Hospital) (30 visits per calendar year*) | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Durable Medical Equipment (\$2000 per calendar year*) | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| PHARMACY | | | | | | |
| Pharmacy Deductible per Individual (does not apply to generic)* | \$250 | \$250 | \$500 | \$500 | \$500 | \$500 |
| Generic (Oral Contraceptives included) | \$15 copay not subject to deductible | \$15 copay plus 50% not subject to deductible | \$15 copay not subject to deductible | \$15 copay plus 50% not subject to deductible | \$15 copay not subject to deductible | \$15 copay plus 50% not subject to deductible |
| Preferred Brand Name | \$25 copay after deductible | \$25 copay plus 50% after deductible | \$25 copay after deductible | \$25 copay plus 50% after deductible | \$25 copay after deductible | \$25 copay plus 50% after deductible |
| Non-Preferred Brand (Oral Contraceptives Included) | \$40 copay after deductible | \$40 copay plus 50% after deductible | \$40 copay after deductible | \$40 copay plus 50% after deductible | \$40 copay after deductible | \$40 copay plus 50% after deductible |
| Calendar Year Maximum per Individual* | \$2,500 | \$2,500 | \$2,500 | \$2,500 | \$2,500 | \$2,500 |

* Maximum applies to combined in and out of network benefits. For a full list of benefit coverage and exclusions refer to plan documents.

** Copay is billed separately and not due at time of service. Copay does not count towards co-insurance or out of pocket max.

+ Payment for out of network facility care is determined based upon Aetna's Allowable Fee Schedule. Payment for other out-of-network facility care is determined based upon the negotiated charge that would apply if such services or supplies were received from a Preferred Provider.

NORTH CAROLINA AETNA ADVANTAGE PLAN OPTIONS

| MEMBER BENEFITS | Managed Choice OA High Deductible 3000 (HSA Compatible) | | Managed Choice OA High Deductible 5000 (HSA Compatible) | |
|---|---|--|---|--|
| | In-Network | Out-of-Network* | In-Network | Out-of-Network* |
| Deductible Individual Family | \$3,000 \$6,000 | \$6,000 \$12,000 | \$5,000 \$10,000 | \$10,000 \$20,000 |
| Coinsurance (Member's Responsibility) | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Co-insurance Maximum Individual Family | \$0 \$0 | \$0 \$0 | \$0 \$0 | \$0 \$0 |
| Out-of-Pocket Maximum Individual Family (deductible included) | \$3,000 \$6,000 | \$6,000 \$12,000 | \$5,000 \$10,000 | \$10,000 \$20,000 |
| Lifetime Maximum* | \$5,000,000 | | \$5,000,000 | |
| Non-specialist Office Visit (General Physician, Family Practitioner, Pediatrician or Internist) | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Specialist Visit | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Hospital Admission | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Outpatient Surgery | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Emergency Room | \$0 copay after deductible | | \$0 copay after deductible | |
| Annual Routine Gyn Exam (Annual Pap/Mammogram) | No copay not subject to deductible | 0% after deductible | No copay not subject to deductible | 0% after deductible |
| Maternity | Not covered | Not covered | Not covered | Not covered |
| Preventive Health (\$200 per exam) | \$20 copay not subject to deductible | 0% after deductible | \$25 copay not subject to deductible | 0% after deductible |
| Lab/X-Ray | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Skilled Nursing (In lieu of Hospital) (30 days per calendar year*) | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Physical/Occupational/Speech Therapy and Chiropractic Care (\$25 Max – 24 visits per calendar year*) | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Home Health Care (In lieu of Hospital) (30 visits per calendar year*) | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| Durable Medical Equipment (\$2000 per calendar year*) | 0% after deductible | 0% after deductible | 0% after deductible | 0% after deductible |
| PHARMACY | | | | |
| Pharmacy Deductible per Individual | Integrated Medical/Rx Deductible | Integrated Medical/Rx Deductible | Integrated Medical/Rx Deductible | Integrated Medical/Rx Deductible |
| Generic (Oral Contraceptives included) | 0% after medical deductible | 0% after medical deductible | 0% after medical deductible | 0% after medical deductible |
| Preferred Brand Name | 0% after medical deductible | 0% after medical deductible | 0% after medical deductible | 0% after medical deductible |
| Non-Preferred Brand (Oral Contractives Included) | 0% after medical deductible | 0% after medical deductible | 0% after medical deductible | 0% after medical deductible |
| Calendar Year Maximum per Individual* | \$2,500 | \$2,500 | \$2,500 | \$2,500 |

* Maximum applies to combined in and out of network benefits. For a full list of benefit coverage and exclusions refer to plan documents.

+ Payment for out of network facility care is determined based upon Aetna's Allowable Fee Schedule. Payment for other out-of-network facility care is determined based upon the negotiated charge that would apply if such services or supplies were received from a Preferred Provider.

NORTH CAROLINA AETNA ADVANTAGE PLAN OPTIONS

| | First Dollar Managed Choice Open Access 35 | | Managed Choice Open Access Value 2500 | | Preventative and Hospital Care 1250 | |
|---|--|---|--|---|---|------------------------|
| MEMBER BENEFITS | In-Network | Out-of-Network* | In-Network | Out-of-Network* | In-Network | Out-of-Network* |
| Deductible Individual Family | \$0 \$0 | \$250 \$500 | \$2,500 \$5,000 | \$5,000 \$10,000 | \$1,250 \$2,500 | \$2,500 \$5,000 |
| Coinsurance (Member's Responsibility) | 35% | 50% after deductible | 30% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Co-insurance Maximum Individual Family | \$3,500 \$7,000 | \$6,750 \$13,500 | \$2,500 \$5,000 | \$5,000 \$10,000 | \$2,500 \$5,000 | \$5,000 \$10,000 |
| Out-of-Pocket Maximum Individual Family (deductible included) | \$3,500 \$7,000 | \$7,000 \$14,000 | \$5,000 \$10,000 | \$10,000 \$20,000 | \$3,750 \$7,500 | \$7,500 \$15,000 |
| Lifetime Maximum* | \$5,000,000 | | \$3,000,000 | | \$5,000,000 | |
| Non-specialist Office Visit (General Physician, Family Practitioner, Pediatrician or Internist) | \$35 copay | 50% after deductible | Visits 1-2 \$30 Copay, deductible waived; thereafter 30% co-insurance after deductible | 50% after deductible | Not covered | Not covered |
| Specialist Visit | \$45 copay | 50% after deductible | Visits 1-2 \$30 Copay, deductible waived; thereafter 30% co-insurance after deductible | 50% after deductible | Not covered | Not covered |
| Hospital Admission | 35% | 50% after deductible | 30% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Outpatient Surgery | 35% | 50% after deductible | 30% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Emergency Room | \$100 copay** (waived if admitted) and 35% co-insurance | | \$100 copay** (waived if admitted) and 30% co-insurance (after deductible) | | \$100 copay** (waived if admitted) and 20% co-insurance (after deductible) | |
| Annual Routine Gyn Exam (Annual Pap/Mammogram) | \$0 copay | 50% after deductible | No copay not subject to deductible | 50% after deductible | No copay not subject to deductible | 50% after deductible |
| Maternity | Not covered | Not covered | Not covered | Not covered | Not covered | Not covered |
| Preventive Health (\$200 per exam) | \$35 copay | 50% after deductible | \$50 copay not subject to deductible | 50% after deductible | \$25 copay not subject to deductible | 50% after deductible |
| Lab/X-Ray | 35% | 50% after deductible | 30% after deductible | 50% after deductible | Not covered | Not covered |
| Skilled Nursing (In lieu of Hospital) (30 days per calendar year*) | 35% | 50% after deductible | 30% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Physical/Occupational/Speech Therapy and Chiropractic Care (\$25 Max – 24 visits per calendar year*) | 35% | 50% after deductible | 30% after deductible | 50% after deductible | Not covered | Not covered |
| Home Health Care (In lieu of Hospital) (30 visits per calendar year*) | 35% | 50% after deductible | 30% after deductible | 50% after deductible | 20% after deductible | 50% after deductible |
| Durable Medical Equipment (\$2000 per calendar year*) | 35% | 50% after deductible | 30% after deductible | 50% after deductible | Not covered | Not covered |
| PHARMACY | | | | | | |
| Pharmacy Deductible per Individual (does not apply to generic)* | \$500 | \$500 | \$500 | \$500 | Not applicable | Not applicable |
| Generic (Oral Contraceptives included) | \$15 copay not subject to deductible | \$15 copay plus 50% not subject to deductible | \$15 copay not subject to deductible | \$15 copay plus 50% not subject to deductible | \$15 copay | \$15 copay plus 50% |
| Preferred Brand Name | \$25 copay after deductible | \$25 copay plus 50% after deductible | \$35 copay after deductible | \$35 copay plus 50% after deductible | Not covered*** | Not covered |
| Non-Preferred Brand (Oral Contractives Included) | \$40 copay after deductible | \$40 copay plus 50% after deductible | \$50 copay after deductible | \$50 copay plus 50% after deductible | Not covered*** | Not covered |
| Calendar Year Maximum per Individual* | \$2,500 | \$2,500 | \$2,500 | \$2,500 | \$2,500 | \$2,500 |

* Maximum applies to combined in and out of network benefits. For a full list of benefit coverage and exclusions refer to plan documents.

** Copay is billed separately and not due at time of service. Co-pay does not count towards co-insurance or out of pocket max

*** Aetna discount available.

+ Payment for out of network facility care is determined based upon Aetna's Allowable Fee Schedule. Payment for other out-of-network facility care is determined based upon the negotiated charge that would apply if such services or supplies were received from a Preferred Provider.

NORTH CAROLINA AETNA ADVANTAGE PLAN OPTIONS

| INDIVIDUAL DENTAL PPO MAX PLAN | | |
|--|------------------|---------------------|
| MEMBER BENEFITS | PREFERRED | NONPREFERRED |
| Annual Maximum Benefit | Unlimited | Unlimited |
| DIAGNOSTIC SERVICES | | |
| Oral Exams | | |
| Periodic oral exam | 100% | 100% |
| Comprehensive oral exam | 100% | 100% |
| Problem-focused oral exam | 100% | 100% |
| X-rays | | |
| Bitewing — single film | 100% | 100% |
| Complete series | 100% | 100% |
| PREVENTIVE SERVICES | | |
| Adult cleaning | 100% | 100% |
| Child cleaning | 100% | 100% |
| Sealants — per tooth | Discount | Not Covered |
| Fluoride application — with cleaning | 100% | 100% |
| Space maintainers | Discount | Not Covered |
| BASIC SERVICES | | |
| Amalgam filling — 2 surfaces | 100% | 100% |
| Resin filling — 2 surfaces anterior | Discount | Not Covered |
| Oral Surgery | Discount | Not Covered |
| Extraction – exposed root or erupted tooth | Discount | Not Covered |
| Extraction of impacted tooth —soft tissue | Discount | Not Covered |
| MAJOR SERVICES | | |
| Complete upper denture | Discount | Not Covered |
| Partial upper denture (resin base) | Discount | Not Covered |
| Crown — Porcelain with noble metal | Discount | Not Covered |
| Pontic — Porcelain with noble metal | Discount | Not Covered |
| Inlay — Metallic (3 or more surfaces) | Discount | Not Covered |
| Oral Surgery | | |
| Removal of impacted tooth — partially bony | Discount | Not Covered |
| Endodontic Services | | |
| Bicuspid root canal therapy | Discount | Not Covered |
| Molar root canal therapy | Discount | Not Covered |
| Periodontic Services | | |
| Scaling & root planing — per quadrant | Discount | Not Covered |
| Osseous surgery — per quadrant | Discount | Not Covered |
| ORTHODONTIC SERVICES | Discount | Not Covered |

Access to negotiated discounts: members are eligible to receive non covered services, including cosmetic services such as tooth whitening, at the PPO negotiated rate when visiting a participating PPO dentist at any time.

Nonpreferred (Out-of-Network) Coverage is limited to a maximum of the Plan's payment, which is based on the contracted maximum fee for participating providers in the particular geographic area.

All products not available in all counties. Please refer to the state map located on page 2 of the Aetna Advantage Brochure.

A summary of exclusions is listed on page 17. For a full list of benefit coverage and exclusions refer to the plan documents.

Aetna Advantage Plan programs to help you be well



Looking for a way to save on Dental Expenses?

Vital Savings by Aetna® is a discount program that provides you with dental savings. This is not insurance. Enrolling in the program will give you access to a network of providers who have agreed to accept discounted rates for services. To sign up today — visit www.vitalsavings.com or call 1-877-MY-VITAL (1-877-698-4825).

Aetna Advantage Plans include special programs* with a wealth of features to complement our standard health insurance coverage. These programs include substantial savings on products and educational materials geared toward your special health needs. Here are a few of the ways we can help you be well.

Fitness Program.

Enjoy reduced membership rates at participating health clubs, as well as discounts on home exercise equipment.

Aetna's Weight Management Discount Program

The Weight Management Discount Program from Aetna can help you achieve your weight loss goals and develop a balanced approach to your active lifestyle. This program provides Aetna members and their eligible family members access to discounts on Jenny Craig® weight loss programs and products. Start with a FREE 30-day trial membership**; then choose either a 6* - or 12*-month program*** that's right for you. You also receive individual weight loss consultations, personalized menu planning, tailored activity planning, motivational materials and much more.

Eyecare Savings Program.

The Vision One+ discount program offers special savings on eye exams, contact lenses, frames, lenses, LASIK eye surgery, and eye care accessories.

Hearing Discount Program.

The Hearing Program helps Aetna members and their families save on hearing exams, hearing services and hearing aids.

Aetna Natural Products and Services ProgramSM

Receive reduced rates on visits to acupuncturists, chiropractors, massage therapists and nutrition counselors, as well as discounts on vitamins and supplements.

Informed Health® Line.

Get answers 24/7 to your health questions via this toll-free hotline staffed by a team of registered nurses.

Aetna Rx Home Delivery®.

With this optional program, order prescription medications through our convenient and easy-to-use mail order pharmacy. To learn more or obtain order forms, visit www.AetnaRxHomeDelivery.com.

Aetna Resource Connection.

Aetna's Resource Connection provides our individual and self-employed clients with access to resources and discounts that can help them build a healthier business. Whether it's purchasing office supplies, finding an effective payroll service or upgrading your IT systems, Aetna Resource Connection can help. Simply put, we're placing the power of a Fortune 100 company in the hands of each client we serve.

Aetna Navigator™

It's easy and convenient for Aetna members to manage their health benefits. Anytime — day or night — wherever they have Internet access, members can log in to Aetna Navigator, Aetna's secure member website. Members who register on the site can check the status of their claims, contact Aetna Member Services, estimate the costs of health care services, and much more!

For more information on any of these programs, please visit us online at www.aetna.com.

* Availability varies by plan. Talk with your Aetna representative for details.

** Offers good at participating centers and through Jenny Direct at-home only. Additional cost for all food purchases.

*** Additional weekly food discounts will grow throughout the year, based on active participation.

+ Vision One® is a registered trademark of Cole Vision Corporation.

Things You Need to Know to Enroll



To qualify for an Aetna Advantage Plan, you must be:

- Under age 64 3/4 (If applying as a couple, both you and your spouse must be under 64 3/4.)
- Under age 19 for dependent children
- Legal U.S. residents for at least 6 continuous months.

Medical underwriting requirements

- The Aetna Advantage Plans are not guaranteed issue plans and require medical underwriting. Some individuals can be federally eligible under the Health Insurance Portability Accountability Act (HIPAA) for a special guaranteed issue plan under North Carolina laws and regulations.
- All applicants, enrolling spouses and dependents are subject to medical underwriting to determine eligibility and appropriate level of coverage.
- We offer various levels of coverage based on the known and predicted medical risk factors of each applicant.

Levels of coverage and enrollment

- You may be enrolled in your selected plan at the standard premium charge.
- **You may be enrolled in your selected plan at a higher premium, based on medical findings.**
- You may be declined coverage based on significant medical risk factors.

Duplicate coverage

- If you are currently covered by another carrier, you must agree to discontinue the other coverage prior to or on the effective date of the Aetna Advantage Plan.

Pre-existing conditions

- During the first 12 months following your effective date of coverage, no coverage will be provided for the treatment of a pre-existing condition unless you have creditable prior coverage.
- A pre-existing condition is an illness or injury for which medical advice or treatment was recommended or received within 6 months preceding the effective date of coverage.

Terms of coverage

Your premium rates are guaranteed not to increase for 12 months from your effective date! Final rates are subject to underwriting review.

Coverage remains in effect as long as you pay the required premium charges on time, and as long as you maintain membership eligibility. Coverage will be terminated if you become ineligible due to any of the following circumstances:

- Non-payment of premiums
- Residency requirements
- Obtaining duplicate coverage
- For other reasons permissible by law

All You Need to Know About Easy-Pay

Simple Automatic Payments via Electronic Funds Transfer (EFT)

Simple registration

- Complete the payment section of the Aetna Advantage Plans application form. Initial payment can be made with EFT. Your payment will be deducted upon approval of the application form.

Invoices for EFT Accounts

- You will not receive a paper invoice when you are enrolled in EFT. Payments will appear on your bank statement as "Aetna Autodebit Coverage."

Terminating EFT

- To terminate EFT, you will need to provide Aetna with 10 days written notice prior to the date your next EFT payment will be deducted.
- Without this written notice, your bank account may be debited for the next month's premium. You will then need to contact Aetna to have funds placed back in the checking account.

Refunds on EFT Accounts

- To process an EFT refund (placing money back in member's checking account), Aetna will require at least 5 days after the withdrawal was made to ensure valid payment.

Rejected EFT Transactions

- If the EFT payment rejects for any reason, Aetna will automatically terminate the EFT and send you a letter saying you will receive paper invoices. Processing time to reinstate EFT will be 30–60 days.
- If an EFT payment is rejected, you will need to pay that payment by paper check or credit card.

Timing for EFT

- Payments for Cycle 1 accounts (1st of the month effective date) will be taken from your bank account between the 3rd and the 10th of the month the premium is due.
- Payments for Cycle 2 account (15th of the month effective date) will be taken from your bank account between the 18th and 23rd of the month the premium is due.

North Carolina

Limitations and Exclusions

Visit
www.aetnaindividual.com
or call 1-800-MY-Health
(1-800-694-3258).

Medical

These medical plans do not cover all health care expenses and include exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s).

Services and supplies that are generally not covered include, but are not limited to:

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents, including costs of services before coverage begins and after coverage terminates.
- Cosmetic surgery
- Custodial care
- Donor egg retrieval
- Weight control services including surgical procedures for the treatment of obesity, medical treatment, and weight control/loss programs
- Experimental and investigational procedures, (except for coverage for medically necessary routine patient care costs for Members participating in a cancer clinical trial)
- Charges in connection with pregnancy care other than for pregnancy complications
- Immunizations for travel or work
- Implantable drugs and certain injectable drugs including injectable infertility drugs
- Infertility services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services unless specifically listed as covered in your plan documents
- Medical expenses for a pre-existing condition are not covered for the first 365 days after the member's effective date. Lookback period for determining a pre-existing condition (conditions for which diagnosis, care or treatment was recommended or received) is 6 months prior to the effective date of coverage. If the applicant had prior creditable coverage within 63 days immediately before the signature on the application form, then the pre-existing conditions exclusion of the plan will be waived.
- Mental Health not covered.
- Nonmedically necessary services or supplies
- Orthotics
- Over-the-counter medications and supplies
- Radial keratotomy or related procedures
- Reversal of sterilization
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling
- Special or private duty nursing
- Therapy or rehabilitation other than those listed as covered in the plan documents

Dental

Listed below are some of the charges and services for which these dental plans do not provide coverage. For a complete list of exclusions and limitations, refer to plan documents

- Dental Services or supplies that are primarily used to alter, improve or enhance appearance. *Negotiated rates for cosmetic procedures available when a participating dentist is accessed.*
- Experimental services, supplies or procedures
- Treatment of any jaw joint disorder, such as temporomandibular joint disorder
- Replacement of lost or stolen appliances and certain damaged appliances
- Those services that Aetna defines as not necessary for the diagnosis, care or treatment of a condition involved
- All other limitations and exclusions in your plan documents

10-day right to review

Do not cancel your current insurance until you are notified that you have been accepted for coverage.

We'll review your application form to determine if you meet underwriting requirements. If you're denied, you'll be notified by mail. If you're approved, you'll be sent an Aetna Advantage Plan contract and ID card.

If, after reviewing the contract, you find that you're not satisfied for any reason, simply return the contract to us within 10 days. We will refund any premium you've paid (including any contract fees or other charges) less the cost of any services paid on behalf of you or any covered dependent.

Glossary of Terms

Health care options can be very confusing and it's important to understand them. As a way to help you, below are a few definitions seen throughout this brochure. For a more in depth list of terms, please visit www.planforyourhealth.com.*

Deductible – A fixed yearly amount members pay before the benefits of the plan policy start.

Coinsurance – The amount the plan and members pay for covered benefits after deductible is paid.

Co-payment (Copay) – A fixed amount a member must contribute toward the cost of covered medical services under a health plan.

Lifetime Maximum – The total amount of benefits an individual may receive or the limited number of particular services an individual may receive over the term of the policy.

Out of Pocket Max – The amounts such as coinsurance and deductibles that an individual is required to contribute toward the cost of health services covered by the benefits plan

Premium – The amount charged, often in installments, for an insurance policy.

*Plan For Your Health is a public education program from Aetna and The Financial Planning Association.

Aetna Advantage Plans are offered, underwritten or administered by Aetna Life Insurance Company.

If you need this material translated into another language, please call Member Services at 1-866-565-1236.

Si usted necesita este material en otro lenguaje, por favor llame a Servicios al Miembro al 1-866-565-1236.

The Vital Savings by Aetna® program (the "Program") is not insurance. The Program provides Members with access to discounted fees pursuant to schedules negotiated by discount programs. The Program does not make payments directly to the providers participating in the Program. Each Member is obligated to pay for all services or products but will receive a discount from the providers who have contracted with the Discount Medical Plan Organization to participate in the Program. Aetna Life Insurance Company, 151 Farmington Avenue, Hartford, CT 06156 is the Discount Medical Plan Organization.

This material is for information only and is not an offer or invitation to contract. Plan features and availability may vary by location. Plans may be subject to medical underwriting or other restrictions. Rates and benefits may vary by location. Investment services are independently offered through JPMorgan Institutional Investors, Inc., a subsidiary of JPMorgan Chase Bank. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Not all health services are covered. See health insurance plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features are subject to change. Aetna receives rebates from drug makers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Information is subject to change. Health Insurance plans contain exclusions and limitations.

For more information about Aetna plans, refer to www.aetna.com.

Visit

www.aetnaindividual.com
or call 1-800-MY-Health
(1-800-694-3258).